

Alyssa Johnson
Transcript of Desert Hag Channeling
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Welcome.

Take a moment and just place gentle awareness on your feet. Perhaps feeling the place where your feet is connecting with the ground or with the couch or wherever you may be at. But feeling and noticing that connection point, those points.

And seeing if you can expand your awareness so that wherever your feet are placed, it is representative of Mother Earth, of Her life force, of the ground and the soil. Perhaps the grass or the snow if you are in a location right now where there's snow.

And as you are just feeling and becoming aware of these connection points, feeling the loving energy of Mother Earth rising up and nurturing and embracing your feet and your legs. And moving slowly up your body to your hips, and up to your belly, and your rib cage and chest, and arms. Up through your head. This loving, stable energy of Mother Earth.

Perhaps asking Her to pay particular attention to any area of your body that may be constrained or constricted or you are experiencing any type of tension.

Just having Her warmth, Her nurturing energy, go to that space. Very gently.

Good. Very good.

And if you need to do any type of hip circle or movement in your lower back or perhaps straightening your spine, allowing the core of light that runs in front of your spine or perhaps a little further out to flow more freely, more smoothly from your root, from your tailbone, up through the crown of your head. So that this light reaches, in its purest form, the light of your Soul and greater consciousness.

Good. Very good.

And asking Mother Earth to help if you are feeling any type of energy buildup in your forehead or in your head anywhere.

Just asking to smooth this out, to release anything that is causing you discomfort.

Good. Very good.

And now with this connection in the presence and the warm embrace of Mother Earth, imagine that you are out in the desert, at night, under a beautiful star-filled sky. Perhaps noticing constellations or the Milky Way or anything that you are drawn to as you look up at the night sky.

And perhaps hearing sounds of life at night. Maybe an owl or bats flapping. Or if you are lying in the desert looking up, anything you notice about the sand. Just feeling yourself in this space. The warmth of the night on your skin. Looking up at the cosmos. The light of the stars and the planets shining in their luminosity, in their place, as you see it from your viewpoint here on Earth.

Good. Very good.

And from this place, can you feel the energy, the magic, the wisdom of the Wise Ones, the Great Ones, the Masters of this land?

Feeling their presence.

Perhaps imagining or perceiving in some way their sounds of music, of chanting, of celebration, of connection with Source.

Feeling the rumble underneath you. Of drums banging, feet stomping. That these Wise Ones, these Great Ones, these Masters of the land are engaging in a beautiful sound. An orchestration of music, of body movement, of energy movement in this space. Even if they are invisible to the naked eye.

Good.

And now allowing yourself to be drawn to wherever they may be celebrating.

Allowing yourself to be welcomed into this space and noticing what you are wearing.

Are you in clothes that fit the mood of this celebration, of this dance, of this harmonious circle of giving and receiving to life itself, to Source energy?

Allowing these energies to move you in a way that feels good. Perhaps hip movement, stomping your own feet, moving your head and your arms and your chest. Whatever feels good to you.

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This dance of the wild, this dance of life, of reverence for this land, of reverence for the creatures on this land, of reverence for Mother Earth, for Soul and greater consciousness, of reverence for the cosmos. These great aspects of Source light that are prickling the sky above you. Of reverence for your own body, the magic that lies therein. That you get to be in this sacred space with these teachers, with these Great Ones, these protectors of the land operating in multiple dimensions preserving the most sacred Source energy that is perhaps veiled to some, but to you it is available here in this space.

And so dancing for this. Feeling it well up within you. Your deep and long connection with this planet. Your wildness, your wisdom, your ability to see truth. To embody your Soul and greater consciousness here and now.

Good. Very good.

Perhaps if there is a fire noticing the fire, feeling the heat. Are there messages for you in the fire as you are dancing and moving to the sounds and the celebration of these Great Ones who are here.

As the fire moves and swells and sways and rises and descends in its own rhythm to life, do you feel that flame within you? The ability to burn down anything that does not feel rooted in who you are, as well as your ability to see even in the darkest of moments. That deep flame, that deep light within you.

Good. Very good.

Just allowing the light of Mother Earth - once again Her nurturance, Her soothing energies, to flow through your system. Allow your system to feel, mmm, integrated.

Good. Very good.

From this space, from this deep wisdom, this place of deep connection - connection with the Earth, with life, with the cosmos, with Source, with yourself - what is the deep call within you? What is your piece to contribute to life?

And it may be that you get a feeling or a color or a sense or a word or a picture or nothing at all. But here in this space you get to ask and just be.

Good. Very very good.

And now taking a moment and looking at the others who are here in this circle or in this space - if they have eyes to look into - just looking into their eyes. Perhaps seeing the flames dancing in

the reflections of their eyes. Seeing the wisdom, the love, the laughter, the humor, the humor at life as it is experienced here.

Feeling all of that wisdom within you.

Very good. Very very good.

And now coming to a place where you can sit comfortably. Perhaps it is in a chair of some sort or maybe at an altar or perhaps on the ground.

And just allowing some of these Great Ones to come to you, sitting with you in a circle or perhaps they are surrounding you in some other way.

And asking them a question - whatever it is that is on your heart in this sacred space.

Good.

Perhaps they answered it with words or some type of transmission or maybe they have a gift for you.

But appreciating your time with them here.

That they are here in service to you and your curiosity and your growth and your wisdom and your service to the world.

Allowing yourself to feel their deep reverence and respect for you.

Very good.

And if you would like to rejoin the group now - some of you are moving quite fast here - and coming back to celebration where now the group is dancing for you. Feeling free to join, to move once again in ways that feel good to your body. Perhaps in ways that feel like you're integrating information.

Good. Very good.

This is so joyful. From a place of such deep respect and reverence. Can you feel the excitement for life, for what is happening on the planet, for what the future holds.

Very good.

And when you feel ready, go ahead and slow your dancing. Feel yourself coming to completion here. Taking a moment and sending a wave of love and appreciation to this group. For their permission for you to join them, to learn from them, to celebrate with them. For the fire and its properties of change and alchemy. Of heat. Of light.

Thanking the cosmos, the stars and planets that you are seeing in the sky.

And thanking the land and the insects and the animals that you may be aware of.

Thanking yourself for your wisdom, your willingness to explore and create and be curious. To ask deep questions. To access these places within you that are ancient and wise and connected.

Good.

And thanking and sending a wave of love and appreciation to Mother Earth for Her love and nurturance. Her support. Her solid foundation.

Very very good.

Now leaving this place and coming back to yourself lying underneath the stars, looking up into the skies, into the Heavens.

Feeling yourself once again in this space. The warmth of the night air. Noticing the land around you. The night sounds.

Good. Very good.

And from this place, feeling your heart and your body. Allowing yourself to connect with your heart. And once again noticing the column of light that runs in front of the spine or a little bit in front of it. That connects you to your Soul and greater consciousness.

And again perhaps straightening your spine, relaxing your forehead and your cheeks and your nose and your ears and your shoulders. Becoming aware of your hands and feet. Coming back into present moment, into your body here and now.

Very very good.

You have done so beautifully to reawaken or remember this ancient, wise aspect of you. It is deeply connected to this planet, to life, to Source. This part of you that is uninhibited, wild.

Moving through the world firmly rooted in yourself. And in your knowing. Working in co-creation with the land and with life.

Very very good.

You have done beautifully.

Taking some time to journal or write down any messages you've received. Just process and integrate. Perhaps going outside and if you're able to do so, walking barefoot. Or just stepping outside for a moment. And feeling the air on your skin.

Very very good.

We love you and we are with you always.